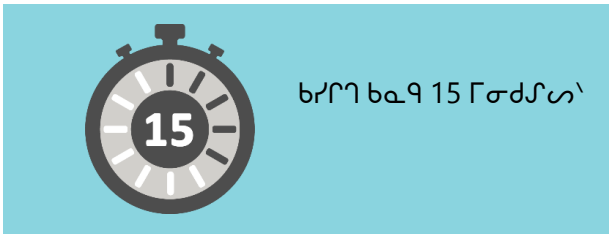

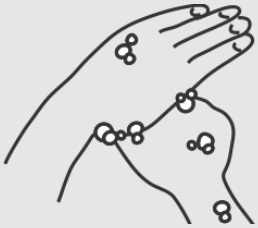

COVID-19: How to wash your hands/How to use hand sanitizer 1 of 2

ᐊᑯᓯᐧᐃ ᒪᐣᒍᐡ 2019 (ᑯᐱᐟ-19)

ᑫᑐᑕᒪᐣ ᐁᑲᓯᒋᒉᔭᐣ

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COVID-19: How to wash your hands/How to use hand sanitizer 2 of 2

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ᓇᓇᔑᒋᒉᓂᑎᓱ ᑲᑭᓇᐤ

ᑭᒋᒋᔭ ᒥᒥᑯᓇ ᑭᓂᓂᑭᒋᒐᓂᐠ

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ᒥᒥᑯᓇ ᑭᒋᒋᔭ ᐁ ᐃᑕᐤ

5 6 7

ᒥᒥᑯᓇ ᑭᒋᒋᔭ ᑲᑭᓇᐤ ᑲᑭᓇᐤ ᑭᒥᒋᒐᓇ ᑲᓯᓇ ᒥᒥᑯᓇ ᑭᒋᒋᔭ ᐱᓂᐡ ᑭᒋ
ᐸᑯᐸᓂᐠ ᑲᓯᒋᒐᑲᓇᐳᔾ
ᑲᐧᐃᓇ ᐧᐃᓇ ᐸᐧᑲᐊ

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ᐃᐢᐱ ᐁᐸᐧᑲᑭ ᑭᒋᒋᔭ
ᐸᔦᑲᐧᓇ

ᐧᐃᒋᐃᐧᐁᐧᐃᓇ

ᑭᒋ ᐅᑭᒪᐧᐃ ᐊᑐᐢᑫᓇᑲᓇᐠ ᑲ ᐊᐸᐱᑎᓯᑲᑕᑭᐠ ᐊᑯᓯᐧᐃᓇ ᑲᒥᑎ ᑲ ᐃᑕᒋᐠ ᐅᒪ ᐃᑕᓯᓇᓱᐧᐊᐠ

]. 4th ed. Toronto, ON: Queen's Printer for Ontario; 2014. Available from: https://www.publichealthontario.ca/- /media/documents/bp-hand-hygiene.pdf?la=en

information ᐧᐃᑕᒪᑫᐧᐃᐣ ᑲ ᑭ ᐸᑭᑎᓂᑲᑌᐠ ᒥᑭᓯᐧᐃᐱᓯᑦ 16, 2020

ᐧᑭᐣᐢ ᒪᓯᓇᐃᑫᐸᓂᐧᑕᐧᐃᐣ ᐅᐣᑌᕆᐅ 2020